

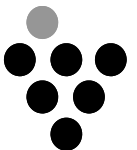
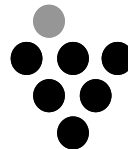
Points to Remember

- **Listen to the Person**
 - ◆ Offer to pray
 - ◆ Seek clarity
- **Listen to God**
 - ◆ Listen for God's heart
 - ◆ Decide where to begin praying
- **Choose a Prayer**
 - ◆ Salvation
 - ◆ General (petition, blessing, thanksgiving)
 - ◆ Physical healing
 - ◆ Emotional healing
 - ◆ Healing the oppressed
- **Pray!**
 - ◆ Ask permission
 - ◆ Invite the Holy Spirit
 - ◆ Pray with eyes open
 - ◆ Ask confidently/share tentatively
- **Next Steps**
 - ◆ Find God
 - ◆ Find a friend
 - ◆ Find a job
 - ◆ Find further help



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Choose a
Prayer



SALVATION

The acronym PRAY is very helpful in explaining to someone the process of accepting Jesus Christ as their Lord and Savior.

You can explain that we were created to have a relationship with God the Father, and to live with the help of His Spirit. This is made possible by the sacrifice of His most precious gift, His Son, Jesus Christ.

P – **Praise** God for His love

R – **Repent** of your sins

A – **Ask** Jesus Christ to come into your life

Y – **Yield** your life to Him

You can ask the person to repeat this prayer after you,

“Lord Jesus, I believe You are the Son of God and that You died for my sins. I now turn away from my sin and I turn towards You. I open my heart up and ask that You forgive me. Jesus, come into my heart. I receive You as my Lord and Savior. Thank You for saving me now.”

GENERAL PRAYERS

PETITION – This type of prayer is praying back to God the request as you heard it from the person.

“God, would you please provide a way for Jane’s car to be fixed so that she will have transportation to work.”

BLESSING – This prayer is asking God to pour out on the person all the good things that He desires for them.

“God, would you bless their life with joy and peace.”

THANKSGIVING – This is joining the person in thanksgiving for things God has done for them.

“God, thank you for healing Jane’s cancer.”

PHYSICAL HEALING

There are many different ways that Jesus prayed for healing. Sometimes he commanded the illness to leave, sometimes he asked them to do something (i.e. go to the temple and show yourself), and sometimes he told them their sins were forgiven.

Avoid statements suggesting God will or will not heal them.

There is no one way to pray for healing, but instead we need to be sensitive to what the Holy Spirit is saying about the cause of the illness and let Him guide us how we should pray.

“We command the cancer to leave from Jane’s body now in the name of Jesus.”

“Father, I thank you that you are the great physician. We ask that through the power of your Holy Spirit you would heal Jane of the cancer.”

EMOTIONAL HEALING

How can we help people heal emotionally through prayer?

CONFESSION of sin or emotional wounding. Often a person will say, “I’ve never told anyone else this...”. When that happens, God is allowing that person to bring light to a secret or wound that has been kept in the dark. Pray for the person that God would heal the wound and bring His peace. If it is a confession of sin, walk them through a prayer of repentance.

“God, I thank you that you have given Jane the courage to bring this situation out into the open for your healing.”
Bring your healing power and give her peace”

REPENTANCE of personal responsibility. Have them repeat after you,

“Father, I acknowledge that what I did was wrong. I turn from that sin and turn towards You.”

FORGIVENESS for others. Unforgiveness is often a ball and chain that a person carries around with them for many years. One of the most healing things is to help someone see the freedom they can experience when they forgive that person.

“God, please forgive me for harboring unforgiveness against John for hitting me. I forgive him now with the help Jesus and I release him.”

DEMONIC OPRESSION

Through Jesus we have the authority and power to release people from bondage to demonic spirits. The following are just possible signs of oppression:

- Uncontrollable crying or laughing
- The person is unable to speak
- The person may have an almost irrational fear
- The person’s anger may be overwhelming
- The person may be depressed to the point of suicide
- The person may growl, grunt, or say foul language or inappropriate things

How should you handle this while praying? Through Jesus, we have the spiritual authority to quiet the spirit.

“In the name of Jesus, I bind you and command you to allow Jane to speak.”

Pray a blessing over them that God would protect them and help them overcome this area.

Get help from someone trained in this type of prayer.