

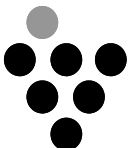
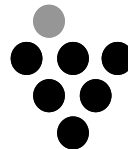
Points to Remember

- **Listen to the Person**
 - ◆ Offer to pray
 - ◆ Seek clarity
- **Listen to God**
 - ◆ Listen for God's heart
 - ◆ Decide where to begin praying
- **Pick a Prayer**
 - ◆ Salvation
 - ◆ General (petition, blessing, thanksgiving)
 - ◆ Physical healing
 - ◆ Emotional healing
 - ◆ Healing the oppressed
- **Pray!**
 - ◆ Ask permission
 - ◆ Invite the Holy Spirit
 - ◆ Pray with eyes open
 - ◆ Ask confidently/share tentatively
- **Next Steps**
 - ◆ Find God
 - ◆ Find a friend
 - ◆ Find a job
 - ◆ Find further help



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Praying for
Others



LISTEN TO THE PERSON

Find out what they would like prayer for

Offer to Pray - Help people feel comfortable. Smile and be relaxed. If you know the person, ask them if they have anything you could pray for or just say “May I pray for you? If you do not know them, introduce yourself, and ask how you can pray for them: “How can I pray for you today?” or “Would you like me to pray for you?”

Seek Clarity - Rephrase back what you have heard to the individual to communicate understanding. “So it sounds like you would like prayer for...” This gives the person an opportunity to clarify if needed and communicates our desire to understand.

LISTEN TO GOD

Ask God to reveal his heart and will for this individual

Listen for God’s Heart - Listen intently to what it being said by the person (horizontally), but also tune in (vertically) to what God may be communicating. Listen for any possible contributing factors to the situation for which they are asking prayer.

Decide Where to Begin - People come with many concerns and emotions and may give you a very large list of issues. As you listen to God, decide where you think God would like to begin with the person and organize what to begin praying for in your mind.

“ I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone.”

1 Timothy 2:1

PICK A PRAYER

Determine the type of prayer to pray

- **Salvation**
- **General Prayers**
(Petition, Blessing, Thanksgiving)
- **Pray for physical healing**
- **Pray for emotional healing**
- **Pray for healing of the oppressed**

PRAY

Begin Praying!

Ask permission - Ask permission to lay your hands on someone as part of the prayer. Touching can be easily misunderstood; we want to avoid anything that appears to be inappropriate.

Invite the Holy Spirit - Take a moment and invite the Holy Spirit. Say something like “Come Holy Spirit” or “Come and touch John right now, Holy Spirit”.

Keep your eyes open - We like to pray with our eyes open in respectful ways. As we do, God often gives us hints of His activity. Praying with our eyes open helps us to be even more effective.

Ask confidently/ Share tentatively - God loves an expectant heart. Pray confidently for the things on your heart and believe that God hears and answers. If you feel that God has given you an impression or a picture for that person, share it tentatively so that it can be accepted or rejected without embarrassment.

Check in - Don’t be afraid to check in with the person as you pray. “Do you sense God saying anything?” or “Are you aware of God doing anything?” Continue or adjust your prayer accordingly.

Closing - When do I stop praying? Often the person indicates when to stop, or sometimes the Lord does. If you can’t think of anything else to say or if it appears that you haven’t gained any ground, bring your prayer to a close.

NEXT STEPS

What should we do now?

Regardless of how the prayer time ends, assure them of God’s love. Possible next steps include:

Find God - (Not a believer) Refer them to the next Alpha course.

Find a Friend - (Needing a support network) Suggest they join a small group or go to Monday Night Growth and Healing.

Find a Job - (Wanting purpose in their life) Suggest they find an area in which to serve.

Find Further Help - (Needing professional help) Suggest they return to their doctor to be rechecked, get in touch with a counselor specifically trained for continual help, or refer them to the Celebration Team Manager or a Pastor.